

ADVANTAGES OF LEARNING FOREIGN LANGUAGES

Suvonov Sanatjon Sirojiddin O'g'li

Student of SamSFIL

Sirojiddinova Shaxribonu Sirojiddinovna

Scientific supervisor :Senior teacher of SamSFI

Abstract: *This article explores the benefits of learning foreign languages. Nowadays there are few professions in the world without the ability to know foreign languages, but the basis of most professions goes back to language. Knowledge of foreign languages is the reason for the opening of many paths in society for a person.*

Key words: *language skills, basic knowledge, opportunities, foreign language, state universities, higher educational institutions, vocabulary base, structure.*

Judging by today's statistics, every step we take is related to language learning. One of the highest stages of development is learning foreign languages. Professionals with qualifications and skills in second language learning are working in prestigious places with high salaries. It would not be a lie to say that meeting the demand of the time is limited by language. In this article, I will try to fully reveal the advantages of learning foreign languages based on my knowledge and spiritual capabilities.

In this rapidly growing age, every citizen strives for a satisfying life. Almost 90% of companies or workplaces you go to will hire you based on your language skills. Teaching, management, administrator, head of the enterprise - in short, regardless of who you are, your knowledge of the language is of great importance. The education system of European countries is slowly entering our country. Previously, foreign language was included in school subjects from the 5th grade, but now English and Russian languages are being taught in the 1st grade. By the time they move on to a higher grade, students will develop a lot of skills. In addition, teaching in English in higher educational institutions based on the English language creates conditions for students to improve their language skills. Currently, several universities and institutes in our country require a foreign language certificate to pass the entrance exam. On the one hand, this serves to increase the level of the language, on the other hand, it creates an opportunity to see different aspects.

Another advantage of knowing a foreign language is that if your language skills are up to the mark, you can work in any foreign company. Through this, instead of a comfortable job, you can get a high salary and a lot of experience. Nowadays, many of our students are moving their studies to foreign countries. On

"INTEGRATION, EVOLUTION, MODERNIZATION: WAYS OF DEVELOPMENT OF SCIENCE AND EDUCATION"

the one hand, it may cause some amount of difficulty, but the advantages and future results will be worth mentioning. In order to cooperate with foreign countries, many agreements have been made and documents are being signed in our country. Among these are a number of things, such as grants allocated by the state for study and work abroad, implementation of foreign universities in the territory of Uzbekistan.

In addition to the above advantages, knowing the language has a number of other features. Every young generation trying to learn a foreign language should first strengthen their vocabulary base. The main things in the language are based on the number of vocabulary with grammatical structure. For example, if you know more than 3000 words in English, you can speak it easily. As the dictionary is memorized, the brain activity of a person accelerates, the processes in the brain become easier, the ability of a person to translate text increases by seeing different words, and finally, the outlook and logic become stronger. Our memory is put under a lot of stress when we are managing two languages. Bilinguals are more adept at processing information quickly under pressure. Bilinguals perform better than monolinguals in terms of memory and performance when they combine this with their improved inhibitory control abilities. We have already shown that learning a foreign language can increase our capacity for sustained attention and information processing. Bilinguals discover it simpler to pick up a third or even fourth foreign language thanks to these sophisticated processes.

Our cognitive processes can benefit in numerous ways from learning a foreign language. The executive, cognitive, attentional, and memory functions are all improved. Additionally, studies using neuroimaging technology have demonstrated that learning a foreign language later in life can increase brain size and enhance connections between various brain regions. The most intriguing finding is that learning a second language can halt cognitive deterioration and delay the onset of Alzheimer's disease. Learning a foreign language is beneficial for our brains at any age. Inspiring young children to learn a foreign language can be beneficial later in life, so schools should consider making foreign language learning a required part of the curriculum. Despite the fact that it may be a little more challenging, it's definitely never too late to benefit from learning foreign languages.

Learning new languages is easy way to find the way we want, it is a key to achieve bride future.

REFERENCES:

1. <https://foyle.eu/7-benefits-of-learning-a-foreign-language/>
2. <https://www.etoninstitute.com/blog/top-10-benefits-of-learning-a-foreign-language>
3. <https://www.studyfrenchspanish.com/language-benefits/>