

## EASY WAY OF DEVELOPING LISTENING SKILLS FOR ACADEMIC PURPOSE

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**Abstract:** *Everyone knows that listening is one of the main skills in learning language, and also in recent day we have so many questions about developing listening skill. In this article I want to clarify this problem with some scientists views.*

**Key words:** *Reflection, paying attention, listening subskills, listening for gist, listening to infer information, listening for detail, scan listening, listening for language items, top-down and bottom-up listening activities.*

While learning a language, we develop four major skills. Listening is one of them, and like reading, it is a receptive skill. As we listen, we perceive sounds, transform them into a message, interpret it, and respond. Developing listening skills is a key to successful communication. A person with good listening skills is able to comprehend what (s)he hears and respond accordingly. Thereby, effective listening prevents misunderstandings, frustration and irritation for both the listener and the speaker. When we talk about teaching listening skills, we mean teaching active listening which is a communication skill that requires trying to comprehend the meaning and intent behind the words that another person speaks in addition to simply hearing what they say. Being an active participant in the communication process is necessary.

There are two main components in active listening. They are paying attention and reflection. When it comes to pay attention, paying attention is key of active listening, which is the ability to focus on what someone is saying and respond appropriately.<sup>1</sup> Paying attention include focusing on what a speaker is saying, maintaining eye contact, nodding, watching body language and allowing the speaker to finish hi thought. Daniel Kahneman highlight that the act of paying attention significantly enhances comprehension and retention of information. Active listening requires mental effort which helps in filtering out irrelevant information.<sup>2</sup>

<sup>1</sup> <https://www.ccl.org/articles/leading-effectively-articles/coaching-others-use-active-listening-skills/-:~:text=Active%20listening%20requires%20you%20to,actively%20engaged%20in%20the%20conversation.>

<sup>2</sup> "Thinking, Fast and Slow."





