

IMPORTANCE OF EDUCATION IN PERSONAL SPIRITUAL DEVELOPMENT

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Abstract: *In this article, external factors affecting human maturity, the importance of upbringing in the family, and what aspects to pay attention to when raising a child are highlighted.*

Key words: *Education, environment, intellectual, personality, maturity, ability, social, physical, pedagogical, development, ability*

Enter. Education, like the environment, is one of the external factors that affect human development. Its difference and feature is that education is carried out under the guidance of an educator, aiming at a specific goal, systematically, in order to create positive qualities in a person. But the strength of the influence of upbringing and its result are determined by the cooperation of factors such as heredity and environment. A person's maturity is determined not only by heredity and natural abilities, but also by the characteristics and qualities acquired by the influence of events surrounding him throughout his life. But education cannot affect a person's eyes, hair, skin color, body structure. But even so, upbringing can affect physical development. The reason is that the child's health is strengthened and trained through specially organized physical exercises.

Our society is interested in the child growing up to be physically healthy, morally clean, hard-working, with cultured intellectual potential. Regardless of how well educational institutions work on education, the family decides the issues of education. When kindergartens and schools teach and educate, parents not only educate, but also live with them. Self-sacrifice of parents for their children is a wonderful characteristic of the Uzbek nation. For example, as President Sh. Mirziyoyev noted, "Another important issue that always comes to our mind is related to the manners, behavior, and, in a word, outlook of our youth. Today, time is rapidly developing. Who feels these developments the most? - young people. Let the youth be in harmony with the demands of their time. But at the same time, don't forget your identity. Let the call of who we are, the descendants of great people always echo in their hearts and encourage them to stay true to themselves. At what expense do we achieve this? Due to education, education and only education."

The main part. Education is a practical pedagogical process aimed at forming certain physical, mental, moral and spiritual qualities in a person; a set of measures taken to ensure that a person has the necessary emotions to live in

society. Human education has always been considered an important social task, and a well-educated person was considered an asset of society. A person's beauty is measured by the knowledge he acquires. If educated people are considered mature in the teachings of Islam, then we can see that in the views of our thinkers, it is necessary to acquire many characteristics in order to be a perfect believer. Just as human reproduction is a law of nature, the responsibility of parents for the upbringing of a child from the day a child is born is also a law of our society. Since childhood, the mother was mainly engaged in raising the child, and the main task of the father was to feed the family and supervise the child when he was at home. Today's child is very different from the child of the last century, Uzbek boys and girls should have a modern perfect human figure. The child is mainly brought up in the family. The family always influences the child's outlook and behavior through its environment.

The formation of a person largely depends on his mastering of things and events, first of all, which side (good - bad, positive - negative, useful - harmful, etc.). According to this, it is of particular importance that a number of unique qualities characteristic of the Uzbek people, which are considered to be the beauty and adornment of a person in a child: honesty, sincerity, honesty, conscientiousness, hospitality, respect for parents and adults, sincerity, value - preservation of value, kindness - being consequential, mutual help, and envy for good qualities, and hatred for bad vices, are of particular importance. For this purpose, it is reasonable to use our national values related to child education inherited from our ancestors.

According to A. Avloni, a person is not born with a bad character. As a result of bad upbringing in certain conditions, bad behavior appears and develops in them. Cultivation of human abilities is accomplished through education. If a person gets a good upbringing and avoids bad habits, gets used to good habits and grows up, he will be respected and respected by everyone. Otherwise, they will become ignorant, ignorant, evil people who do all kinds of bad things.

Abu Nasr Farabi says that a person cannot reach perfection by himself. He needs contact with others, their support or relationships. This can be achieved through proper education. Because education carried out in accordance with the purpose makes a person mature both intellectually and morally. As a result, a person learns the laws of nature and society correctly, follows the right path in life, and has good relations with others. It is emphasized that the formation of a perfect person is a whole, integrated direction of education.

How should we educate a child and when should we educate him? - we should pay attention to the question. Every person is born in a family, enters the social life through this home, and all education begins from this family. It is appropriate that we start educating a child not only after birth, but even in the

mother's womb. As soon as the child is born, the feeling of adaptation to the environment arises. As he gradually grows up, he differentiates everything and imitates what he sees. Raising a child, making him mature and perfect, is the most important task for mothers.

Alisher Navoi emphasized that he pays special attention to the strength and power of education in the development of a child. He believes that the child will grow up useful and mature as a result of upbringing. He says that it is necessary to educate a young child from a very young age.

Heredity, social environment and education play a big role in the maturation of a person. In whatever society a person lives, he matures based on the laws and rules of that society. The material and spiritual development of this society has an impact in all aspects. So, human development is closely related to society. It is necessary to allow education and training to take the lead in human development, because in the process of education and training, a person learns things that cannot be influenced by the growth of the organism and the environment. With the help of education, even some congenital defects of a person can be changed in the right direction. The impact of social and biological factors on human development and behavior is not always the same. The reason is that a person's behavior, attitudes and relationships are influenced by his age, education, life experience, habits, and finally, the situation. In order to correctly identify and accurately assess the qualities of a person, it is necessary to observe him in different relationships and in different situations. Only then will a person's social behavior, spiritual image, and human qualities be realized. Therefore, in order to correctly solve the task of developing a person, it is necessary to know the factors affecting his behavior, the nature of these factors, and the character of the person. At the same time, the microenvironment - the family environment - has a great influence on human development. Because when a child opens his eyes, he sees his parents and relatives. The period of intensive physical and psychological development is formed under the influence of the family. In our people, the proverb "A bird does what it sees in its nest" is not in vain. The way of life of the family, the educational environment that has a positive effect on the child's upbringing, is of great importance in his development. Social environment is also important in child development. Because production relations and the social rules that regulate them have a special effect on a person. As a result of social communication, i.e. interpersonal interaction, a child is prepared for life and work, acquires the necessary experience and knowledge. The influence of the social environment on human development is different in different historical periods (formations), and affects different social groups in different ways. Therefore, the modern science of pedagogy pays special attention to the environment and the role of its influence on human development. It shows that

the impact of social life events on the individual, which is included in the concept of environment, is extremely important, and the social environment is considered to be changing and not eternal. Therefore, the environment is not considered to be the determining factor of human destiny. But its influence cannot be denied.

Summary. It should be emphasized that a person develops only in activity, there is no development outside of it. From a very young age, the child interacts with the external environment with the help of adults, and this is always under the supervision of adults. At school age, these connections are linked to reading and other related activities, and these are sources for development. So, as the child grows up, his activity, form, and content change. First of all, the education given for the maturation of a person should be based on knowledge, science, and should be properly organized from an educational point of view. If education is poorly organized for the illiterate, if it is not carried out systematically and regularly, such "education" will only harm the future of a person and the formation of a person. Only if these rules are followed, education can achieve its ultimate goal - to bring a perfect person to adulthood. As we mentioned above, in order for a person to grow into a complete and mature person, first of all, it is necessary for parents to be able to properly shape the environment in the family and to raise children through the right environment created by this. The main focus is on his upbringing and his family, i.e. parents and teachers. It is necessary to make a person mature and perfect from his youth, because the child is mainly interested in many things from a young age, and for this reason, educators and pedagogues pay special attention to the education of the child. We can also cite the example of our scholars who have become perfect people who have been properly educated. First of all, their parents made a big contribution to their achievement of such a status, that is, their parents did the primary education. And later, they got proper education and upbringing through their teachers and became mature people.

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