



## WHILE LEARNING FOREIGN LANGUAGES, PRODUCTIVE WAYS TO MEMORIZE NEW WORDS.

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**Annotation:** *Nowadays, word memorization is one of the main problems in learning. The contents of this article is about the use of some techniques for memorizing words and retaining them in memory for a long time in foreign language learning, which is considered by language learners of all ages. My main goal is to help people to improve their vocabulary. Using several new methods of memorizing words and keeping them in memory for a long time.*

**Key words:** *foreign language learning, memorizing new words, vocabulary building, language learning apps, productive memorization techniques, flashcards.*

### **Introduction**

Nowadays everyone wants to learn a language. Because speaking in foreign languages teaches a person a new culture and gives an opportunity to communicate with people of other countries. The study of foreign languages is spreading widely in our country and it is affecting every field of working. As a result, people are spending a lot of time for learning languages. In our country, almost 65% of people know at least 3 languages, but there are definitely people who know more languages. Word memorization is the most important part of language learning. In addition, you will not achieve any results in learning a language without memorizing words. Therefore, most people have recognized that this is the main stage for every one in learning a language. Vocabulary memorization is the best way to improve speaking and understanding in language learning. When people have the ability to speak and listen, they will be able to tell others about it. In my opinion, speaking and listening comprehension can be improved by memorizing words. The reason I chose this topic is that memorizing words and keeping them in memory is very important in our language learning. But they face many difficulties to achieve this. Of course, everyone wants to learn foreign languages, but many problems arise during their learning process. Among such problems, one of the most important difficulties is memorizing words and keeping them in memory for a long time. Learn to memorize words and understand languages while learning foreign languages. However, memorizing words and keeping them in the memory is still one of the difficult skills for people learning foreign languages for several years. The results of this study show that of people have problems in the stages of word learning and memory retention in languages learning. In addition, most of them complained that



their memory is not good due to the fact that the memorized words are not retained for a long time. I hope that understanding the topic will be interesting and useful for you.

Learning a new language can be a challenging yet rewarding experience, and one of the most important aspects of language learning is building a strong vocal vocabulary. Memorizing new words can be especially difficult for people of all ages, but there are several productive ways to make the process and more effective.

For example:

- You know my friend I started learning English

-Oh, how wonderful! Is not it difficult?

-I am having a little trouble. Vocabulary memorization is especially a problem. No matter how many words I memorize, after a while they start to fade from my memory, and I wonder what to do. Or maybe I don't have the ability to learn foreign languages, I did not know.

Such conversations ring in our ears almost every day. In fact, this situation is not due to the lack of ability to learn the language, but due to the fact that the mental energy can not be directed properly. Suppose a student is reading a book in English. His whole gaze is fixed on the book, but his imagination is disturbed. Why? Because many words in the book are unfamiliar to him. He gets tired and bored until he gets hold of the dictionary and finds the translation of each new word. If new words are ignored, important information maybe overlooked. As a result, he neither learns new words effectively nor understands the book he is reading. And it would not be wrong to say that there are hundreds of methods and rules that help solve such problems. How to memorize more and better foreign language words in a short time. Firstly, consider the main mistakes in the process of learning foreign languages: first mistake: memorizing words directly from the dictionary books, Second [mistake] error: not using articulation, Nikolay Jamyatkin in his book " You can't teach a foreign language" wrote about the use of articulation to memorize words, in the process of learning foreign languages. That is, during the memorization of a word, it is said that emphasis should be placed on memorizing this word aloud. Third mistake: repetition method. As I said above, There are many ways to solve the difficulties of memorizing words while learning foreign languages. One of them is Richard Atkinson's method. This method is called TOG, in this method, we imagine the word we want to learn in our mind as if it were a word we know and we repeat the word 5 five times in a voiced state using articulation. We will divide it into three parts, these are imagination image, horninazition.

First and foremost, it's important to understand that repetition is a key. The more we/you see and use a new word, the more likely we/you are to remember it. One effective method is to create flashcards with the new word on one side, and the translation on the other. We/You can then review these flashcards regularly and test yourself on the translations.



Another helpful technique is to associate new words with visual aids. For example, if we/you are learning the word for "dog" in a foreign language you can associate the word with a mental image of a dog. This visual association can help you to remember the word more easily.

Additionally, it can be helpful to learn words in context. Rather than simply memorizing a list of words, try to read and listen to authentic materials in the foreign language. This includes books, articles, podcasts and movies. When you encounter a new word in context, you will have a better understanding of its meaning and how to use it.

For those who enjoy technology, there are several language learning apps and websites that can help you to memorize new words. Many of these apps use spaced repetition, algorithms, which means that you will be prompted to review a word at specific intervals to help commit it to long-term memory.

Building a strong vocabulary is essential to language learning, but it can be challenging for people of all ages. Fortunately, there are several other effective methods that make the process easier and more efficient. One of the most important aspects of memorizing new words is repetition. Flashcards can be a useful tool to review new vocabulary regularly. Additionally, associating new words with visual aids and learning them in context can help commit them to long-term memory. Language learning apps can also be an effective way to practice and memorize new words.

There is another method used during the memorization of foreign words. By the way, some people use it but unconsciously and ineffectively. In order to memorize words in a foreign language without difficulty it is necessary to choose consonant words in Russian and create associations between them. For example, the English word "school" is very similar to the pronunciation of the Uzbek word "kul". We imagine everyone at school is smiling and laughing. The picture is very unusual and absurd, which means that it will be easy to remember.

And there is one method. The method is reading aloud which boosts a memory. Reading aloud is certainly one of the most effective exercises for developing auditory memory. Reading aloud helps to increase vocabulary. Read aloud following these rules:

- pronounce words clearly, expressively and with location;
- read the text as if expressing your opinion without pronouncing it in the same way.

And foreign scientists also wrote about that in their books.

What should be done in order to avoid quickly forgetting the memorized words/vocabulary in English, instead of memorizing them firmly?

method 1. Always listen to new words memorized on your phone's dictaphone with their translation or meaning. For example, write down the words you learned during each lesson as "solve" and listen to them in your spare time. Memorizing new words by hearing them is more effective (proven method).



method 2. Keep a small dictionary with you and read it again and again when you are busy. I say small size because most students carry vocabulary notebooks that are too big and awkward to carry with them, so that notebook often stays at home, while a small size one is convenient to carry around all the time. Repeating the words constantly at a glance also helps to memorize them ( this is also proven method).

method 3. Make flashcards with new words and their translation. Such cards are also very useful. To make it buy a watman and cut it into small square shapes, write the English translation on one side of the card and the Uzbek translation on the other side. Take the flash cards with you and check how well you have memorized the new words written on them when you are free. If you can not remember a word, turn the card to the side with the Uzbek translation.

method 4. Test yourself from time to time. This method is also very effective, so at the end of the day, you can check how much of the words you have learned in the lessons you have memorized during the period you have taken a blank sheet of paper. As you write, number each word and focus on the total written number at the end. Do not stop until you write the last word you remember! Then compare with your dictionary. Be sure to pay attention to the missing words! Then those words will be stored in a strong memory.

And when we memorize words there are not only such methods but also various websites and applications. For instance, one popular language learning app is Duolingo, which offers gamified lessons and a variety of languages to choose from. Another app, Memrise uses entertaining videos and mnemonics to help with vocabulary retention. For those who prefer to learn with a language partner or tutor, is a popular language exchange platform that connects learners with native speakers for conversation practice and lessons. Duolingo is one of the most popular language learning apps with over 300 million users worldwide. The app offers gamified lessons that use a variety of exercises, including multiple choice, fill-in-the-blank and speaking exercises, to help learners memorize new words and phrases. Duolingo offers a wide range of languages, including Spanish, French, German, Chinese and Japanese.

Memrise is another language learning app that uses a variety of techniques to help learners memorize new words. The app has entertaining videos and mnemonics which are memory aids that help with words retention. Memrise is also offers a range of languages, including Spanish French, German, Japanese. and Russian. Also, not every one learned a language through such website applications and did not use such applications for memorizing. Anyone who wants to learn a foreign language perfectly can learn it independently. But for this, a person must be psychologically ready to learn language. Learning a foreign language requires a little diligence, strong will and a regular daily plan. For example Cato Lomb is considered one of the world's first simultaneous interpreters, despite his chemistry. He translated 8 Languages without difficulty and was able to communicate freely in 16 languages. In those periods, there



were no audio CDs, headphones, Skype internet or even language schools. But how did he manage to learn several foreign languages perfectly?

In his book "How do I learn a language" In his bestseller, he presented simple and easy ways to learn foreign languages and memorizing words based on 10 rules.

1. Practice the language as regularly as possible every day. In this case as in sports training, the duration of training determined based on a certain system. At least spend 10-15 minutes reading and revising new words.

2. Make a study plan. If you desire to learn a language fades over time consider creating your own algorithm learning plan. For example, after a short lesson, take a break and listen to music or go for a walk.

3. A phrase is good way. Never learn words in isolation, only in context. For example, if you remember the phrase, "strong wind" Then one word will automatically help you remember the other.

4. Keep a notebook. It is also very useful to write down the learned compound words and ready-made sentence in this notebook and try to use them in communication.

5. Commit to memory. Try to translate everything you can imagine - advertisements, - song lyrics, dialogues, names of newspaper articles.

6. Memorization is a useful exercise. But only memorize words that are 100 percent correct and changed by your teachers.

7. Memorize the phrases. Write down common words, idioms, phrases and wise words and keep them in your memory instantly.

8. Do not be limited by theory. It is impossible to learn any foreign language only from the theoretical side, separated from practice. Also pay attention to practical exercises. Watch movies, read various literature and newspapers, chat with your English-speaking friends on the Internet. For example, Cato Lomb began to learn Russian through Gogol's "Dead Souls" and the necessary dictionaries.

9. I. Get used to correcting mistakes. Do not be afraid of mistakes be afraid of irreparable mistakes! Never leave anything unattended.

10. Believe in yourself. No matter what, do not stop learning.

Finally, it's important to practice using new words in real-life situations. This can include speaking with native speakers, writing in the foreign language, or even thinking to yourself in the language. The more you use word in context, the more likely to remember it.

Memorizing new words in a foreign language can be a challenging task, but by using effective techniques like repetition, visual aids, context, technology and a real-life practice you can make the process more productive and enjoyable. Whether you are a young student or an older adult, these strategies can help you to build a strong vocabulary and achieve success in your language learning journey.

For learners who prefer to learn with a language partner or a tutor, italki is a popular language exchange platform that connects learners with native speakers for



conversation practice and lessons. The platform offers a wide range of languages, and learners can choose to take lessons with a professional teacher or simply practice speaking with a language partner.

Reading and listening to authentic materials in the foreign language is another effective way to memorize new words in context. News websites like a BBC News, Deutsche Welle and France 24 offer articles and videos in multiple languages, allowing learners to practice their reading and listening skills while also learning new vocabulary. Podcasts like Coffee Break languages provide language learning content in an engaging format with episodes covering a variety of topics and levels. You know that memory is the key to remembering everything. I thought it would be permissible to pass my speech here by giving you some information about the memory. Memory is one of the most important functions of the human nervous system. Memory consolidation is a question that interests many people. In its violation, a person feels discomfort, throughout his life, and this leads to serious neuroses and depression. If memory impairment persists for a long time, it can deprive a person of the ability to work and lead disability. In many cases, the elderly can not perform even simple tasks during their lifetime due to memory loss. Memory loss due to aging is usually irreversible, but such problems seen in youth can be corrected. Even children have memory problems, such problems should not be ignored, because a person's future, life skills are closely related to memory. If the problem is ignored, then it will be difficult to develop memory, so measures should be taken in time.

We should not limit ourselves to using such methods only for memorization and should follow a healthy lifestyle. There are a number of simple ways to develop memory. They help maintain a healthy nervous system and strengthen memory. For example, Drink at least 2 liters of water a day, do exercises, walk in the fresh air every day, sleep at least 8 hours a day, paying attention to the diet.

In conclusion, by using these productive memorization techniques, you can optimize your foreign language learning experience and build a strong vocabulary. Don't let the challenge of memorizing new words hold you back with the right approach, you can achieve success in your language learning journey. I think using these resources in conjunction with productive memorization techniques like repetition, visual aids and learning in context, learners can optimize their language learning journey and can build a strong vocabulary. With dedication and the right tools, anyone can achieve success in language learning. If you start learning a language or learning new words by following the above tips and actions, you will definitely reach your goals!

#### **THE LIST OF USED LITERATURE:**

1. [https://t.me/MegaMiya\\_kursi](https://t.me/MegaMiya_kursi)
2. <https://telegra.ph/Til-organishda-nimalarga-etibor-berish-kerak-04-05>



3. <https://www.duolingo.com>
4. <https://telegra.ph/Til-organishda-nimalarga-etibor-berish-kerak-04-05>