

ON WORKING WITH CHILD PSYCHOLOGY IN GENERAL SECONDARY SCHOOLS

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Annotation: This scientific article talks about working with students in general secondary schools and providing them with psychological support.

Keywords: Formation of the use of research methods of professional psychology, genetic methods, praximetric methods, psychosomatic methods.

In recent years, interest in the use of computers for psychodiagnostics by psychologists in the school education system has increased dramatically. The first versions of automated psychological systems were developed in our country in the 60s of the 20th century. But they were not widely distributed due to the difficulty of using EHMs and their high cost. Since the middle of the 80s of the last century, computer systems have been widely applied to the practice of conducting tests. Professional psychology widely uses its methods in studying the objective laws of the engineering field. These methods are classified according to their purpose and direction. According to the purpose of research, the method of engineering psychology is divided into the following three groups. Scientific research method. With the help of this method, psychological regularities of the attitude of individuals to legal norms are studied, as well as scientifically based recommendations are developed for practitioners engaged in crime prevention and combating activities.

- anamnestic (biographical) method;
- -observation and natural experiment methods;
- instrumental (test, questionnaire, etc.) methods of studying individual-psychological characteristics of a person.

The use of these methods teaches individual psychological characteristics. Psychologist-expert has the task of distinguishing psychological determinants (factors) at each stage. At the first stage, it is necessary to analyze the characteristics of the development of self-awareness, the formation of self-esteem, real life value and moral and normative orientations. Analysis of the individual typological characteristics of the person being examined is also important. In the second stage, specific aspects of decision-making of the examinee are studied.



Decision-making is evaluated as a process of interaction of the subject's personal aspects, behavioral motives with the objective external situation. Thus, taking into account the wide scope and diversity of the tasks before the psychologist-expert, it is necessary not to check the personality of the subject of the examination once, but to study the process of his development, to analyze how he manifests himself in different conditions.

No psychological method guarantees absolutely accurate information about a person. An important aspect of effective psychological research of personality

- adding standard and non-standard research data, experimental and non-experimental methods. Specific methods of professional psychology include psychological analysis of engineering work.

Researching the decision-making problem is especially effective here. Before computerization, psychological testing was a long, monotonous, somewhat complex task. The person taking the test would read a lot of questions and fill in large sheets of special charts. The science of professional psychology has its own scientific study methods. Methods of the scientific study of psychology («method» is a Greek word that means «a way of getting to something») are used to acquire knowledge about mental processes, states, and individual characteristics. Theoretical studies and methods of practical action and their sum.

Professional psychology widely uses its methods in studying the objective laws of engineering psychology. These methods are classified according to their purpose and direction. Instrumental methods of studying individual-psychological characteristics include, first of all, various options of the experiment method, as well as conducting various tests, questionnaires, questionnaires. Their content is given in the main manuals on psychodiagnostics.

This group of methods is extremely important for determining the level and structure of certain mental characteristics of a person. However, it is inevitable that there will be some errors in the materials obtained using psychological methods. These mistakes are unique «artifacts» of the psychological study of the human personality. It requires special study and consideration at all stages of experimental research. The fields of study of professional psychology include, among other things, the situations of the examined person in the conditions of human-technical relations. These conditions in which a person acts show aspects of a person that are either very difficult to determine or are not visible at all in the usual research conditions. The method of psychoanalysis, which allows a deep and comprehensive study of the subconscious state of a person, is important for



professional psychology. Psychoanalysis is widely used to determine the level of research into the motives of behavior, the real causes of complex conflicts.

Questionnaire method. This method is characterized by the uniformity of questions that are asked to a relatively large group of people in order to obtain a series of materials about the facts of interest to the researcher. Materials are statistically processed and analyzed. Interview method. This auxiliary method is used at the very beginning of the research in order to get a general direction and create working hypotheses. This is a free, non-binding interview. The interview can also be used after questionnaire research. In this case, the results of questionnaire research are studied in depth through interviews.

In the process of preparing for the interview, it is necessary to pay great attention to asking questions.

Questions should be short, clear and understandable. The comparative method («cross-sectional» method) consists of comparing people belonging to different groups according to their age, education, activity and communication. For example, two large groups of people of the same age and gender (students and workers) are studied with the same experimental methods to obtain scientific data, and the obtained data are compared.

Longitudinal method («longitudinal» method) consists of repeated examination of selected subjects over a long period of time. For example, checking students many times during their studies at the university.

Oral and written information about his life, work, creativity, biographies, diaries, letters, memories of people are important for researching the human psyche. At the same time, biographical materials collected by others: memories, letters, pictures, descriptions, tape recorders, photographs, documentaries, video camera images, reviews, criticisms also serve to fully imagine the person being studied. Even the doctor's medical history document is a material that allows to get acquainted with the factors of the child's health level between the time of birth and the initial information.

The method of biography helps to reveal aspects of the human psyche that cannot be studied through interview and experimental methods. Through this method, for example, processes related to creative imagination: Sharia, music, sophistication, visual arts, fine types of technical creativity and qualities of a person such as spirituality, value, ability, talent, talent potential are observed.

Manifestation, development of human consciousness, unique individual and social characteristics are expressed in the opinions and works of famous people. Information about scholars is passed from generation to generation through the

definitions and descriptions of their contemporaries, followers, comrades. As a result of the same social continuity, the phenomenon of succession between ancestors and descendants creates a social psychological reality and ensures the harmony of social and historical development.

Sociometric method This research method was founded by John Moreno from the USA and is used to directly study and measure the level of emotional and emotional relations between members of a small (primary) group. With the help of this method, in order to determine the mutual relations of each member of a certain group, it is asked with whom he participates in his activities. The received information is expressed in the form of a matrix, graph, scheme, table, diagram. Quantitative indicators in them make a certain conclusion about the content of interpersonal relations of people in the group. However, the data only reflects the external appearance of group relations.

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