



SUICIDE IS A PEACEFUL EPIDEMIC PROBLEM

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Abstract: *This article talks about the phenomenon of suicide, which is one of the most relevant topics today. Every year, 800,000 people worldwide die by suicide. The origin of suicide, history, path of development, several factors contributing to suicide, as well as actions taken to prevent suicide were considered.*

Keywords: *Sociology, suicide, problem, adolescence, prevention.*

Suicide in Latin means suicide. This concept has been known since the 19th century and remains relevant to this day. Suicide is a great personal tragedy, it is often an escape to avoid the unsolvable problems that occur in life, to avoid absence, to avoid an incurable disease, to avoid death. There is no other way psychological protection is performed as an extreme option or an action caused by emotions.

One of the first to start studying suicide was Edwin S. Schneidman, who contributed. Regarding the definition of Schneidman, who was the father of the science of suicide, he said of suicide: "suicide is a conscious action, it is a huge human disease that he needs, while suicide is the best solution, Schneidman considered suicide a mental illness or an unbearable psychological illness." According to Emile Durkheim, another prominent scientist in the field of suicidology, the word "suicide" can be used to refer to any death that directly or indirectly occurred as a result of the actions of this victim, positive or negative." Emile Durkheim considered suicide as a social fact independent of individual psychopathy. Z. Freud and Karl Menninger held the same views on suicide. They divided suicide into 3 aspects; the desire to die with hatred, the desire to die with a sense of inferiority, just the desire to die. Two scientists thought that suicide was a death wish committed against oneself. Freud believed that we have 2 opposite instincts: Eros-life, Thanatos-death. Freud believed that suicide is more likely in developed countries, where more sexual and aggressive energy is required. Another suicidology officer, D. Davis's idea is as follows: suicide is a deliberate action that threatens life and leads to death, where there are two main components: death and the intention of death, which means desire.

And if you look at suicide from a religious point of view,

The ancient pagan religions of Rome and the Greeks treated suicide calmly. Dharmic religions: Hinduism, Jainism, Buddhism, Sikhism considered suicide as follows: the religion of Jainism claimed that suicide is the worst form of chemical attack (violence) and that it cannot be corrected. The religion of Hinduism suicide is spiritually unacceptable. In general, suicide means a violation of the Ahimsa code (violence) and is the same crime as



murder. The Mahabharata says about suicide that those who commit it will never be able to enter the blessed (heavenly) territories.

Marilyn J.Harran's article in the Brockhaus and Efron Encyclopedia of Religion expressed the following opinion: "Self-sacrifice in various forms of Buddhism may be appropriate for a person who is an arhat, but everything is an exception to the rule."

As for the point of view of the Abrahamic religions on Christianity, Islam and Judaism, they are as follows:

Zimri believed that the suicide "died for the sins he committed by doing evil in the eyes of the Lord." Although some other Christian conferences may not condemn suicide as a sin, suicide is not viewed positively. In the Church of Jesus Christ of Latter-day Saints, suicide is generally considered wrong, but the victim may not be held responsible for this action depending on the circumstances.

In Islam, suicide is considered a great sin.

A verse from the Quran preaches: "Do not kill yourself, because Allah is merciful to you" (Quran 4:29). The prohibition of suicide is also recorded in the hadith that Abu Hurayrah narrates, "Whoever strangles himself will strangle himself forever, even in hell" (Sahih al-Bukhari 2:23:446).

To sum up, it can be said that all religions and suicidal scientists had a negative attitude towards suicide.

Suicide is a serious, peaceful epidemic problem of modern society that many people want to solve.

According to recent studies, about 1 million people worldwide die from suicide per year. Suicide is the 3rd leading cause of death among people aged 15-44 years. Suicides that were not completed or that eventually ended in disability are 20% more likely than suicides that eventually ended in death. According to statistics from the World Health Organization, 1 person worldwide commits suicide intentionally every 40 seconds. 75% of suicides worldwide occur in low- or middle-income countries, while only 25% occur in high-income countries.

Ranking of countries in the world by the number of suicides in 2016 (WHO data)

The leading countries in the world in terms of the number of suicides are: Guyana, Lesotho, Russia, Kazakhstan, Equatorial Guinea, Belarus, South Korea.

And Kyrgyzstan ranks 90th out of 184 countries. This does not mean that it costs us less. This satire is largely for us, given the population of our country and the fact that this information represents data for 2016. According to statistics, there is one suicide every four days in Kyrgyzstan. There are many deaths from suicide in Issyk-Kul, Batken and Osh regions. Suicide is often prevalent among schoolchildren in adolescence.

In the city of Kara – Kul, Jalal-Abad region, in 2014, a domestic gas fire occurred on the central streets of the city of Issyk-Kul region, a correspondent of Turmush reported. One of them died on the spot, and the other was hospitalized. This is reported by the correspondent of Turmush.



According to police, the girls were in the 7th grade at Karl Max High School. In the city of Osh, a 13-year-old teenager committed suicide by jumping out of a multi-storey building on Shakirova Street.

What causes the increase in suicides among schoolchildren in adolescence?

According to the Ministry of Education, in 90% of teenage suicides are caused by family problems, and in another 10% by unrequited love and other motives. Children from poor, financially vulnerable families usually commit suicide.

Not only one factor causes suicide in adolescents, but also many factors that cause the opposite. Depression plays a big role in teen suicides. And here are some factors

Family problems can be associated with two ways of separation between parents, violence, drug addiction, bullying, pressure, misunderstanding, self-humiliation in front of society, illness, unrequited love, financial problems in the family, social problems.networks.

Among these factors, one factor stands out is the misuse of social networks, Social networks. There is a correlation between networks and an increase in mental illness and suicide. Current research shows that the use of social media platforms is somewhere between depression and anxiety. When teenagers are on social networks: they compare themselves with other people, have low self-esteem, think they see bad, negative news, and may suffer from a mental disorder. What does our younger sister do when she's on social media watching makes it necessary.

Above, we looked at the history of suicides, the causes of suicides, and world statistics and found out that suicides are indeed a socially peaceful epidemic. Is it possible to prevent suicide now, or will the number of suicides continue to grow?

Suicide prevention is a set of actions aimed at reducing the risk of suicide.

WHO has named the most effective methods of suicide prevention: limiting access to suicide drugs (pills, knives, ropes), the introduction of an alcohol policy, precautionary measures, and support for medical personnel. In addition, WHO experts have proven that effective suicide control requires comprehensive government measures and a nationwide suicide prevention strategy. This strategy is currently available in only 38 countries around the world. To raise awareness of the problem, World Suicide Prevention Day has been celebrated on September 10 every year since 2003.

"No matter how high the mountains are, the road will be paved, no matter how serious the problem is, a solution will be found."

Suicide can be prevented, and efforts to prevent it must be accompanied by explanatory actions on a personal, family and social level.

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